

CENTER FOR PEDIATRIC DENTISTRY

INSTRUCTIONS TO PARENTS OF PEDIATRIC PATIENTS WHO ARE TO RECEIVE SEDATION OR GENERAL ANESTHESIA FOR DENTAL TREATMENT

It is important for your child's safety that you follow these instructions carefully. Failure to follow these instructions could result in serious injury or even death.

EATING AND DRINKING	<p>To avoid vomiting and complications during treatment with sedation or anesthesia, DO NOT allow your child any food or drink (even water) unless directed by your doctor. The following schedule should be followed:</p> <ol style="list-style-type: none">1. <u>No milk or solid food after midnight before the scheduled procedure.</u>2. Children age 0-3 yrs, clear liquids up to four (4) hours before the procedure.3. Children age 3-6 yrs, clear liquids up to six (6) hours before the procedure4. Children age 7 yrs or greater, clear liquids up to eight (8) hours before the procedure
CHANGE IN HEALTH	<p><u>Any change in the child's health</u>, especially the development of a cold or fever, within seven (7) days prior to the day of treatment, is very important. For the child's safety, a new appointment may be made for another day. If possible inform this office of any change in health prior to your appointment.</p>
ARRIVING	<p>A responsible adult must accompany the patient to the dental office and must remain until treatment is completed. Plan to arrive early for your appointment.</p>
MEDICATIONS	<p>Give your child only those medications which he/she takes routinely, such as seizure medications or prophylactic antibiotics, and those prescribed by your child's doctor (dentist). DO NOT give your child any other medicines, before or after treatment, without checking with your doctor (dentist).</p>
ACTIVITIES	<p>DO NOT plan or permit activities requiring mental or physical coordination for your child after treatment. For example, riding a bike, or taking a test. Allow the child to rest. Closely supervise any activity for the remainder of the day.</p>
GETTING HOME	<p>The patient must be accompanied by a responsible adult. Someone should be available to drive the patient home. The child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation. DO NOT use a bus or subway.</p>
DRINKING OR EATING AFTER TREATMENT	<p>After treatment, the first drink should be plain water. Sweet drinks can be given next (clear fruit juice or Gatorade). Small drinks taken repeatedly are preferable to taking large amounts. Soft food, not too hot, may be taken when desired.</p>
TEMPERATURE ELEVATION	<p>The child's temperature may be elevated to 101 F/38C for the first 24 hrs after treatment. Tylenol every 3-4 hours and fluids will help alleviate this condition. Temperature above 101 F/38C is cause to notify this office.</p>
SEEK ADVICE	<ol style="list-style-type: none">1. If vomiting persists beyond four (4) hours.2. If the temperature remains elevated beyond 24 hrs or goes above 101F/38C.3. If there is any difficulty breathing.4. If any other matter causes you concern.

Please call **(562) 690-3750** if you have any problems relating to your child's treatment during office hours.